

Ultra-high dose rate (UHDR) dosimetry and the future perspectives

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FFC- QA and Dosimetry Working Group (eFlash) 19th April 2023







- Reminder of the importance of metrology & traceability in RT
- How we calibrate s/s detectors at NMIs?
- Do we need metrology in FLASH RT?
- Initiatives supporting development of metrology & standardization in FLASH RT

UHDpusle project

- Detectors for UHDR beams (focus on active devices)
- Summary

Metrology covers three main tasks:

- 1. The definition of internationally accepted units of measurement
- 2. The realization of units of measurement by scientific methods



primary standard



working standard





3. The establishment of **traceability** chains

property of a measurement result whereby the result can be related to a reference through a documented unbroken chain of calibrations, each contributing to the measurement uncertainty





Traceability chain in Radiotherapy



MV photon dosimertry under reference conditions



σ: 0.50 % (k=1)

0.7 % (k=1)



Traceability chain in Radiotherapy



MV photon dosimertry under reference conditions



TRACEABILITY

Requirement for accuracy in dosimetry



• The ICRU Rep.24 (1976) states:

An uncertainty of **5% (k=1)** is tolerable in the delivery of absorbed dose to the target volume

This is an **OVERALL UNCERTAINTY**

(incl. dose delivery, dose calculations, patient positioning etc.)

Dose measurement at the reference conditions should to be less than 1% (k=1)!

What is recommended by the dosimetry protocols?

For convectional radiotherapy:

- The IAEA TRS-398 recommends the use of ionisation chambers with a calibration coefficient in terms of Dw or Nk in the calibration beam quality. Ideally, should be the same as the user's beam quality
- Dissemination of the quantity of interest, KN, Dw, through a primary standard







Calibration of secondary standard



Calibration of secondary standard





in-house radiation facility

Calibration of secondary standard





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	FOR:	Medical Radiation Physics		
		National Physical Laboratory		
		Hampton Road		
		Teddington		
		Middlesex		
		TW11 0LW		
	FOR THE ATTENTION OF:	Ileana Silvestre Patallo		
	DESCRIPTION:	Secondary Standard Ionisation Chamber		
	DATE OF RECEIPT:	1 January 2022		
	DATE OF CALIBRATION:	8 February 2022 to 1 March 2022		

IDENTIFICATION: NPL, type 2611, serial number 1007

NATIONAL PHYSICAL LABORATORY

Table 1 – Air kerma calibration coefficients

NPL, type 2611, serial number 1007

Nominal generating potential (kV)	Half Val	ue Layer	Calibration	
	mm Al	mm Cu	(Gy/C)	
50	1.00	0.030	9.24 × 107	
70	2.0	0.062	9.07 × 10 ⁷	
100	4.0	0.15	9.04 × 10 ⁷	
105	5.0	0.20	9.05 × 107	
135	8.8	0.50	9.12 × 107	
180	12.3	1.0	9.12 × 107	
220	16.1	2.0	9.13 × 10 ⁷	
280	20.0	4.0	9.17 × 10 ⁷	

Uncertainties

For all beam qualities the uncertainty in the calibration coefficient is 1.4%. The reported expanded uncertainty is based on a standard uncertainty multiplied by a coverage factor k = 2, providing a coverage probability of approximately 95%. The uncertainty evaluation has been carried out in accordance with UKAS requirements.

Reference: RD01AK-1007-2022

Date of Issue: 1 June 2022

Checked by: DTM

22 Signed: 6 A Bass

MS

(Authorised Signatory) on behalf of NPLML

Page 1 of 8

Reference: RD01AK-1007-2022

Checked by: DTM

Primary standards for high energy beams

- For MV X-ray, electron and proton beams calorimeters serve as primary standards (most frequently)
- Quantity of interest Dw

Calorimeters used as prim. standards in high energy beams

100

200

5.0E-07

0.0E-07

-200

-100

0 Time (s)

Calibrations in high energy beams

- Primary standards developed to disseminate Dw for each beam modality
- Calibration coefficients for IC determined at the same beam qualities as clinically used

Primary standard (absolute reference)

Calorimeter

- complex
- not commercially available
- not portable
- slow to operate

Ionisation chamber

- simple and portable
- calibrated against the primary standard

Clinical linear accelerator

Calibrations in high energy beams

For high-energy photon & electron beams:

calibrations based on a primary standard calorimeters for the direct determination of absorbed dose to water with uncertainties on reference dosimetry of:

- 0.65% (k=1) for photons
- 0.75% (k=1) for electrons

NPL electron calorimeter

Absorbed Dose Determination in External Beam Radiotherapy

An International Code of Practice for Dosimetry Based on Standards of Absorbed Dose to Water

Sponsored by the IAEA, WHO, PAHO and ESTRO

🛞 🕲 🕓 ESTRO^{*}

Proton reference dosimetry

2000 – IAEA TRS 398

Ionisation chambers

• Uncertainty on $D_{w,Q}$ for protons: 2.3% (k=1)

NTERNATIONAL ATOMIC ENERGY AGENCY, VIENNA, 2000

Detectors currently used in the proton clinics are calibrated in a Cobalt-60 beam

Uncertainty in dose at least 2 times larger than the recommended uncertainty

Conversion factor, k_{Q,Q_0}

Courtesy of A. Lourenço

Analytical

Dose in a proton beam

Proton reference dosimetry

Calibrate the detectors directly in the same or similar beam used clinically

Detectors currently used in the proton clinics are calibrated in a Cobalt-60 beam

Conversion factor, k_{Q,Q_0}

Courtesy of A. Lourenço

Analytical

Dose in a proton beam

World's 1st Primary-Standard Calorimeter for Protons

Graphite calorimeter

Originally developed for use with conventional proton beams,

Courtesy of A. Lourenço

World's 1st Primary-Standard Calorimeter for Protons

Graphite calorimeter

- Originally developed for use with conventional proton beams,
- Consists of graphite discs arranged in a nested construction, maintained under vacuum

World's 1st Primary-Standard Calorimeter for Protons

Graphite calorimeter

- 4 thermistors 0.4 mm diameter typical fraction of treatment 2 Gy, 0.002 degrees
- Delivers an uncertainty on reference dosimetry for protons <1% (k=1)

$$D_{\rm W} = \left[\left(m_{\rm core, eff} c_{\rm g} k_{\rm c} \Delta T_{\rm core} - \int \Delta P_{\rm core} dt - \sum_{i} \int h_{\rm core, i} (T_{i} - T_{\rm core}) - a_{j} P_{j} dt \right) / m_{\rm core, eff} \right] \cdot k_{\rm imp} k_{\rm gap} k_{\rm z, cal} k_{\rm d, cal} k_{\rm an, cal} s_{\rm w, g} k_{\rm fl}$$

Courtesy of A. Lourençe

Why do we need metrology in FLASH RT?

To compare different measurements carried out in space and time

Timeline of FLASH RT...

Role of National Metrology Institutes

- FLASH community had no support from NMIs with provision of traceability for the UHDR beams
- No standards available
- Developing science and technology that defines the NEED for developments in metrology for UHDR exposures

The support needs to come form NMIs

to provide traceable dissemination of D_w to clinics

Initiatives to support metrology in FLASH RT

- The EMPIR UHDpulse project (Sept. 2019 Feb. 2023) <u>http://uhdpulse-empir.eu/</u> Metrology for advanced radiotherapy using particle beams with ultra-high pulse dose rates
- ESTRO/AAPM TG359 <u>https://www.aapm.org/org/structure/default.asp?committee_code=TG359</u>

Task Group No. 359 - FLASH (ultra-high dose rate) radiation dosimetry (TG359)

Chair

- bookmark this page (bookmarks show under "My AAPM" in the menu to left)

Committee Website | Directory: Committee | Membership

Email You may send email to this group now using gmail or outlook.
 - or You may save the address 2022.TG359@aapm.org
 to your local address book. This alias updates hourly from the AAPM Directory.
 Charge 1. Review the uncertainty in determining the dose and need for standardization in dosimetry for FLASH beams to be used in experiments, research and potentially in pre-clinical applications.

 a. Assess the factors that would affect the beam dosimetric characteristics in FLASH mode, compared to standard delivery.
 2. Assess the suitability of radiation measurement equipment (ion chambers, film, diodes, Faraday cap, etc) for FLASH mode.
 3. Provide general guidelines on calibration, dosimetry and reporting of beams in FLASH mode.

Dimitris Mihailidis Task Group Chair

Joint Research Project UHDpulse

- Title: Metrology for advanced radiotherapy using particle beams with ultra-high pulse dose rates
- Duration: Sep/2019-Feb/2023
- Coordinator: Andreas Schüller (PTB)
- Topic: dosimetry for
 - FLASH radiotherapy & proton therapy, VHEE and laser-driven beams
- Website: <u>http://uhdpulse-empir.eu</u>

enables European metrology institutes to collaborate with industrial and medical organisations, and academia

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The EMPIR initiative is research and innovation	co-funded by the European Union's Horizon 2020 n programme and the EMPIR Participating States				
Outline Highlights Abstract Keywords 1. Introduction 2. Overview of novel radiotherapy techniques using ultra 3. Metrological challenges and possible solutions for dosi 4. The UHDpulse project 5. Conclusion Acknowledgements References Show full outline ~ Figures (15)	Physica Medica Volume 80, December 2020, Pages 134-150 Original paper The European Joint Research Project UHDpulse – Metrology for advanced radiotherapy using particle beams with ultra-high pulse dose rates Andreas Schüller*A:8, Sophie Heinrich*, Charles Foullade*, Anna Subief*, Ludovic De Marci*, Fancesco Romano**, Peter Peier*, Maria Trachsel*, Celeste Fleta #, Rafael Kranzer***, Marco Caresana*, Samuel Salvador*, Simon Busoid*, Andreas Schönfid**, Malcolm McEven*, Faustino Gomes*, Jaroslav Sole*, Claude Balta* Marie: Show more >				
	Hitps://doi.org/10.1016/j.ejmp.2020.09.020 Get rights and content Under a Creative Commons Remse open access Highlights Ultra-high dose rate reduces adverse side effects in radiotherapy (FLASH effect). Studies and implementation in practice requires accurate dose measurements. An European joint research project was started to develop a measurement framework. Tools for dosimetry of ultra-high pulse dose rate beams will be provided.				

Schüller et al., Physica Medica 80 (2020), 134-150 https://doi.org/10.1016/j.ejmp.2020.09.020

UHDpulse Partners and Collaborators

UHDpulse

Work package structure

WP1: Primary standards Definition of reference conditions Reference radiation fields WP2: Secondary standards, relative dosimetry Transfer from primary standards

- Adapting primary standards (water calorimeter, Fricke dosimeter)
- Prototype graphite calorimeters

- Characterizing established detector systems
- Formalism for reference dosimetry for future Code of Practice

WP5: Impact, WP6: Coordination

nschweig und Berlin

WP4: Detectors and methods outside primary beam

- Active detection techniques for pulsed mixed radiation fields of stray radiation and pulsed neutrons
- Methods with passive detectors

WP3: Detectors for primary beam

- Novel and custom-built active dosimetric systems
- Beam monitoring systems

UHPDR reference electron beam

PTB's Research electron accelerator

E = 0.5 - 50 MeV, $t_{pulse} = 0.1 - 3$ us up to **12 Gy per pulse** (SSD 0.7 m, 20 MeV)

Beam line with water phantom

A. Bourgouin *et al.* "Characterization of the PTB ultra-high …" *Phys. Med. Biol.* **67** (2022) 085013. https://doi.org/10.1088/1361-6560/ac5de8

UHPDR reference electron beam

Alanine pellets at reference depth in water phantom

Dose traceable to PTB's primary standards

Current transformer (Bergoz ICT): Non-destructive absolute beam pulse charge measurement

A. Bourgouin *et al.* "Characterization of the PTB ultra-high …" *Phys. Med. Biol.* **67** (2022) 085013. https://doi.org/10.1088/1361-6560/ac5de8

Lateral profile of the reference e-beam at PBT (taken from Deliverable 1 of the UHDulse project)

- Figure 13: The PTB UHPDR electron beam vertical profile simulated by Monte Carlo on water scoring volume (error bar not shown, ± 0.4%) and in alanine pellets scoring volume, and measured by a diamond detector (error bar not shown, ± 0.2%) and alanine pellets. In A) for the set-up at an SSD70-00 and B) for the set-up at an SSD90-02. The number indicated in the legend is the value estimated for the Y correction factor.
- Ideally flat profile for primary standard calibrations
- If not possible, correction factor needs to be applied for field non uniformity
- User beam will require a separate correction factor due to non-uniformity of the beam

Challenge – the reference UHDR e-beams are NOT widely available for calibrations

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Dosimeters for UHDR

Ionization chambers

Ionization chamber – principle of operation

Initial Recombination

- Recombination along a single charged particle track.
- Independent of dose and dose-rate.
- More pronounced in highly ionising particles such as alpha-particles.

General Recombination

- Recombination between separate charged particle tracks.
- Directly dependent on charge density i.e the number of ions produced per unit volume.
- Dose-rate dependent.

General recombination is likely to play a much larger role in recombination effect in UHDR pulsed beams

IC: Metrological challenges of dosimetry at UHDR NPL

Typical behaviour of an IC at UHDR dose rates for pulsed electron beams

6 MeV e-beam

PTW Advanced Markus (1 mm electrode separation)

IC: Metrological challenges of dosimetry at UHDR **NPL**

- $k_{\rm s}$ up to 10 (V = 200 V) \rightarrow collection eff. 10%
- k_s up to 4 (V = 600 V) \rightarrow collection eff. 25%
- *k_{s,abs}* compared with *k_{s,TVA}* (two-voltage method)
- Available analytical ion recombination models cannot predict chamber behaviour for such a high DPP

Calculation of charge collection efficiency

J. Paz-Martín *et al.*, "Numerical modelling ..." Phys. Med. **103** (2022) 147. https://doi.org/10.1016/j.ejmp.2022.10.006

UHDpulse

Ionization chambers – possible solutions

Possible solution for UHDR beams

USC's prototype ionization chambers for ultra-high DPP

distance between electrodes [mm]

Schüller et al., Phys.Med. 80 (2020)

National Physical Laboratory

E COMPOSTE

Courtesy of Faustino Gomez

Diamond detectors

- Commercially available microDiamond detectors show saturation effects at different DPP levels.
- The linear range can be extended to the ultra-high DPP range by reduction of sensitivity and resistance.

Kranzer et al., PMB 67 (2022)

flashDiamond – Fundamental investigations NPL

- The applicability for the commissioning of FLASH RT electron beams was shown in the following work
 - G. Verona Rinati et al. 2022 (DOI: 10.1002/mp.15782)
- Successfully tested in terms of:
 - Linearity with ultra-high dose per pulse (UH-DPP)
 - Depth dose curves (PDD)
 - Lateral dose profiles
 - Output factors

PDD measurements with the fDiamond using SIT ElectronFlash accel.

flashDiamond (fD) for ultra-high DPP

Fig. fD (4) positioned in the experimental setup

Marinelli et al. Med. Phys. 49 (2022)

Verona Rinati et al. Med. Phys. (2022)

More work done foth eFLASH (Varian) and Mobetron (IntraOp) - upublished

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flashDiamond - Applications

Relative Dosimetry

Measurement of three-dimensional dose distribution with high spatial resolution Direct measurement of absorbed dose to water, no need to convert depth dose curves

- Consistency check (beam stability)
- Time resolved measurements (Verona Rinati)
- Absolute dose measurements
 After cross-calibration against a suitable reference
 A methodology for the determination of absorbed dose to water is still missing
- The flashDiamond Type 60025 is commercialized as a laboratory device for research purposes and thus available for further users and a variety of dosimetric applications

Silicone carbide (SiC)

SiC diodes for FLASH dosimetry

Encapsulation by PTW (microSilicon housing)

By Institute of microelectronics in Barcelona

- CNM-CSIC has designed and fabricated a set of SiC diodes for dosimetry
- EU Patent pending \rightarrow Patent EP22383168.6
- Devices tested: circular 1 mm diameter PiN diodes on 3 µm epitaxial 4H-SiC
- Encapsulated by PTW with their microSilicon housing for electrical connectivity

- Measurements at PTB UHDPP electron beam
- Electron energy 20 MeV
- Repetition rate 5 Hz, pulse duration 0.6, 1.6 and 2.9 µs
- Measurements in PMMA water tank with a motorized positioning system
- SSDs 90 and 70 cm
- Reference dosimetry provided by Alanine and prototype flashDiamond*
- SiC diode operated without external bias

(*) M. Marinelli et al. "Design, realization and characterization of a novel diamond detector prototype for FLASH radiotherapy dosimetry" Med Phys. 2022;49:1902–1910

SiC diode in water phantom at PTB

Calorimeters

Calorimetry in UHDR beams

NPL primary standard graphite calorimeter

- the control and analysis software was reconfigured to enable it to be used with UHDR particle beams
- Operated in quasi-adiabatic mode, thermistors detect changes in temperature of the graphite created by energy absorbed from the radiation beam allowing derivation of absorbed dose

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EURAME

NPL's primary standard graphite calorimeter.

Calorimetry in UHDR beams

NPL primary standard graphite calorimeter

- 250 MeV (Varian ProBeam® operating in research mode) at ~65 Gy/s
- The core of the calorimeter was positioned at the isocentre with graphite plates placed in front to position the core at a WET of 5 gcm⁻²

	Proton calorimeter			dose to water			
Field size, cm	5 x 6	5 x 8	5 x 10	5 x 12	6 x 5	12 x 5	
Mean Dose, Gy	7.654	7.690	7.726	7.736	7.666	7.741	
SDOM, %	0.04%	0.04%	0.04%	0.04%	0.04%	0.03%	

Parameter	Value
c (J·kg ⁻¹ ·K ⁻¹)	651.57+2.74· (<i>T</i> -273.15)
$k_{ m imp}$	1.0016
$k_{ m gap}$	1.0029
S _{w,g}	1.1210
k_{fl}	0.9713
$k_{ m z,cal}$	1.0000

Sources of uncertainties (%)	Type A	Туре В
Physical dimensions	< 0.01	0.09
Electrical calibrations	0.20	0.06
Specific heat capacity	0.08	0.26
$k_{ m imp}.k_{ m gap}$	0.01	0.11
s _{w,g} . k _{fl}	0.07	0.71
k _{z,cal}		0.10
Positioning on beam axis and reference depth	0.06	0.13
PCB	-	0.25
Calorimeter measurements and analysis	0.04	0.15
Total	0.24	0.84
Overall (1σ)	0.	.9

Lourenço et al. Sci.Rep. under review

Calorimetry in UHDR proton beams

 \rightarrow First ever calorimetry measurements in UHDR proton beam

- Established the correction factors required for absolute dosimetry of FLASH proton beam radiotherapy (Lourenço et al., 2022 (under review))
- Measurement uncertainty of 0.9% (k=1) in line with clinical requirement
- Underpinned the FDA approval and provided the hospital with confidence to commence clinical implementation of this novel technology

NIH U.S. National Library of Medicine ClinicalTrials.gov

Feasibility Study of FLASH Radiotherapy for the Treatment of Symptomatic Bone Metastases (FAST-01)

ClinicalTrials.gov Identifier: NCT04592887

Recruitment Status (): Active, not recruiting First Posted (): October 19, 2020 Last Update Posted (): November 1, 2021

NPL and Cincinnati Teams

Simple Design Calorimeters as secondary standards for FLASH RT

Secondary standard calorimeter: basic design & measurement system

- Shaped like a Roos or PPC05 IC
- Solid graphite or aluminium core 16 mm Ø, 2 mm thick, supported on 3 plinths, surrounded by air gap
- Single thermistor embedded in core, 10 kΩ at 25 °C
- 3D-printed body, in two halves
- Can be lacquered to be waterproof
- Simple DC Wheatstone bridge
- Sensing thermistor in one arm
- Resistors 10 k Ω ± 0.01 %, ± 2 ppm/°C
- 10 V supply voltage

Bass et al., Br J Radiol (2022) 10.1259/bjr.20220638.

Secondary standard calorimeter: *built examples*

Secondary standard calorimeter: UHDR beam response

- test in research 28 MeV proton beam
- ~100 Gy beam delivery in < 0.5s
- Much higher SNR compared to conv. delivery 23
- Extrapolation of pre- and post-irradiation drifts over much shorter duration → resulting in lower uncertainty

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How to ensure traceability in FLSH RT?

- 1. Disseminate the D_w in the UHDR beam with a primary standard
- 2. Use adequate detectors as a s/s and calibrate them against primary standard under the reference conditions

 The reference conditions need to be specified (TBC) → these will depend on the UHDR radiation device

- Significant developments have been made in metrology for UHDR beams, but the field is still under development
- Commercially available IC are not suitable for dosimetry of UHDR pulsed e-beams
- New detectors become/will become available for accurate dosimetry for FLASH RT:
 - fDiamond
 - ultra-thin IC
 - clinical calorimeters
 - SiC
 - ...
- Reference dosimetry for e-FLASH RT still needs to be established (this will be driven by availability of UHDR e-beams)

The EMPIR initiative is co-funded by the European Union's Horizon 2020 research and innovation programme and the EMPIR Participating States

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http://uhdpulse-empir.eu/

Thank you

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